

How Do You Feel?

There's a myth that I would like to rip out of your mind today. It is the age-old myth of *FEELING* like doing something. You know I don't know very many times in my life that I can say that I *FELT* like doing some of the tasks that await me every day. Let's see; I don't *feel* like getting up some mornings. I don't *feel* like cleaning, cooking, or doing laundry most days. I don't *feel* like buying groceries, paying bills, washing my vehicle or mowing the grass. Why, some days I don't even *feel* like praying or reading my Bible. So when did we get the idea that when we *feel* like doing something that that was the time to do it?

Here are some other things that I don't normally *FEEL* like doing. I don't *feel* like forgiving someone when they hurt and/or offend me. I don't *feel* like loving people who are obnoxious and rude. I don't *feel* like giving up my rights and putting others first. But not one place in the Bible can I find where it says that when we *feel* like it, then we can do these things. Nope, not once. If any of you find it, please let me know so that I can get off this hook that my feelings try to keep me on.

You see we give our feeling way too much say. Our feelings are part of our soul, which is our mind, will and emotions. Christians are to be led by the Spirit, not our feelings. Want to know why? The Holy Spirit is always ready to forgive, love, work, be diligent, and do the right things. But our flesh, (our soulish realm) never *FEELS* like doing any of these things. In fact, when I follow the dictates of my flesh I usually end up spending too much money, eating too much food, wasting too much time, and behaving too selfishly.

The only way to live a victorious, Christian life is to be led by the Holy Spirit. Following the leadership of the Holy Spirit is a choice, not a feeling. The quickest way I know of to *DIE* to my flesh, is to do the opposite of what I *FEEL* like doing. Paul said, "I die daily", and believe me your feelings have to go to the cross on a daily basis if you ever want to have any victory in your life.

So I pray that today you will be willing to follow the Holy Spirit to do those things that your flesh doesn't *FEEL* like doing. I pray that you will have strength to say *NO* to your selfish, self-centered desires and say *yes* to God's ways of living and being, regardless of how you feel. May God give you His grace to walk by faith and not allow your feelings to rule over you. May you know the presence of the Lord and experience His resurrection power to overcome all the feelings that hinder you today.

In His Grace,
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